



**ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR ELEMENTARY SCHOOLS
OCTOBER 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 HOMEMADE COOKIE DAY Chicken Bites Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes Texas Toast Chocolate Chip Cookie	2 Hot Dog Chilled Fruit Crispy Potato Rounds OR Hot French Fries Bayou Baked Beans Hotdog Bun Gelatin	3 Chinese Orange Chicken Chilled Fruit Fresh Crisp Carrots Fresh Crisp Celery Sticks Fluffy Rice Texas Toast	4 NATIONAL TACO DAY Beef Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	5 PARISH FAIR HOLIDAY
8 Delicious Chicken Tenders Chilled Fruit Garden Green Salad Bayou Baked Beans Creamy Mac-N-Cheese Fresh Baked Roll	9 Beef Nachos Chilled Fruit Garden Green Salad Salsa Refried Beans Fresh Baked Breadstick	10 Breaded Pork Chop Frozen Fruit Cups Sweet Potato Casserole Cucumber Slices Fresh Baked Breadstick	11 Breezy Beefy Mac Chilled Fruit Seasoned Green Peas Fresh Crisp Carrots Texas Toast Fudgy Brownie	12 PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)
15	16	17	18	19
NATIONAL SCHOOL LUNCH WEEK - School Lunch: Lots 2 Love				
Chinese Orange Chicken & Rice Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Steamed Broccoli Florets Texas Toast	Beef Nachos Chilled Fruit Garden Green Salad Salsa Refried Beans Fresh Baked Cinnamon Stick	National Take Your Parents to Lunch Day Baked, Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans & Rice Flaky Biscuit	Meatball Sub Chilled Fruit Garden Green Salad Seasoned Green Beans Sub Roll Cake OR Cupcake	Homestyle Hamburger Chilled Fruit Crisp Green Lettuce Crispy Potato Rounds OR Hot French Fries Fresh Baked Chocolate Chip Cookie
22 Delicious Chicken Bites Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast	23 Beef Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	24 Crispy Fish Strips Chilled Fruit Gelatin Fresh Broccoli Bites Mashed Potatoes Fresh Baked Breadstick	25 Salisbury Steak Chilled Fruit Fresh Crisp Carrots Mashed Potatoes Fresh Baked Roll Fudgy Brownie	26 Hot Pepperoni Pizza Cheesy Bites - PK- only Chilled Fruit Tasty Marinara Sauce OR Salsa Whole Kernel Corn Chewy Oatmeal Cookie
29 Breaded Pork Chop Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes Texas Toast	30 Beef Nachos Chilled Fruit Garden Green Salad Salsa Refried Beans Fresh Baked Breadstick	31 Chinese Orange Chicken Chilled Fruit Fresh Crisp Carrots Cauliflower Florets Fluffy Rice Texas Toast	LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese OR Sunbutter and Jelly Sandwich

This institution is an equal opportunity provider. Menus are subject to change.